

Coach Tasks – Flag Football – Trophy Sports Club

(as of 4/28/2023)

When you arrive:

- Pick up a coach clipboard (with club-wide roster, field assignments, etc.)
- Pick up optional whiteboard, marker & whistle (keep whistle for season)
- Provide encouraging atmosphere

Brief pre-game practice (20 minutes or so):

- Go to your field; football, vests & flags will be bag on field
- Greet players
- Help players break into their teams
- Work out player loans to keep teams even
- Work on player skills (e.g., handoffs, short passes)
- Work out simple play w/ multiple options (whiteboard available if you want it)
 - e.g., Roll right & pass short, medium or long
 - e.g., fake a pass & hand off to running back
 - Note that misdirection is a huge plus
- Distribute flags & vests (home: vests, blue flags; away: no vests, yellow flags)

Oversee game (two halves; club-wide break/devotional at halftime):

- Keep game moving (short huddles; simple plays)
- Make sure every player has an opportunity to make some plays
- Each possession, feel free to rotate positions
- Coach can play qb when no player available
- Call blatant penalties & determine appropriate consequence (e.g., do over, plays ends there, loss of down, etc.)
- Encourage good sportsmanship

After game:

- Form handshake line
- Give tips/encouragement to your team
- Gather flags & vests