

# Training - Trophy Sports Club Coach – Weeks 2-7

(August 8, 2018)

**Weekly attendance:** If unable to attend, ask asst. coach or parent to fill in & let Director know  
If unable to find a replacement, inform the Director, who will assign a sub

**When to arrive each week:** 15 minutes prior to the start of the period

**At Coach's Table:** Take an empty clipboard (one for your team); keep clipboard for season  
Insert club roster, rules, practice plan, & any sport-specific handouts  
For 1<sup>st</sup> two weeks, fill out nametag (e.g., Coach Dave, Asst. Coach John)  
You may borrow a white board & marker each week (one per team)  
See "Fields & Teams" handout to determine field & home team

**Home Team responsibilities:** Pick up your field's equipment bag (as per bag label)  
Take vests for your team from totes  
Approx. vest sizes: junior (K-1<sup>st</sup>); youth (2<sup>nd</sup>-5<sup>th</sup>); adult (6<sup>th</sup>-8<sup>th</sup>)  
After game, fill equipment bag & return to registration area

**Field preparation:** For 1<sup>st</sup> period, please help setup crew finish setting up field, if needed  
For 2<sup>nd</sup> period, you may modify the size of your field if both coaches agree

**Atmosphere:** Let's do our best; Let's not get hung up on winning/losing; Let's learn about God

**Attitude:** Stay very positive and encouraging; be an example of integrity

**Communication:** Learn the names of your players  
Give lots of positive feedback; preface teaching points w/ positive feedback  
We encourage you to send your team a brief email message each week  
Email e.g.: "Hey, great game..." (include any player loaned to you that week)

**Weekly format:** Follow the format given in the practice plan

**Devotional:** Join players for devotional (stand behind); help them remain attentive/respectful

**Discipline/sportsmanship issues:** Steps to follow; only proceed to next step if issue continues  
Step 1 - Give instructional warning  
Step 2 - Give player a time out & require apology if needed  
Step 3 - Communicate with the parents  
Step 4 - Inform the Club Director