

Training - Trophy Sports Club Coach – Weeks 2-7

(April 28, 2017)

Weekly attendance: If unable to attend, ask asst. coach or parent to fill in & let Director know
If unable to find a replacement, inform the Director, who will assign a sub

When to arrive each week: 15 minutes prior to the start of the period

At Coach's Table: Take an empty clipboard (one for your team); keep clipboard for season
Insert club roster, rules, practice plan, sport-specific handouts (e.g., plays)
Fill out nametag (e.g., Coach Dave, Asst. Coach John)
You may borrow a white board & marker each week (one per team)
See "Fields & Teams" handout to determine field & home team

Home Team responsibilities: Pick up your field's equipment bag (as per bag label)
Take vests for your team from totes
Approx. vest sizes: junior (K-1st); youth (2nd-5th); adult (6th-8th)
After game, fill equipment bag & return to registration area

Field preparation: For 1st period, please help setup crew finish setting up field, if needed
For 2nd period, you may reduce the size of your field if both coaches agree

Atmosphere: Let's do our best; Let's not get hung up on winning/losing; Let's learn about God

Attitude: Stay very positive and encouraging; be an example of integrity

Communication: Learn the names of your players
Give lots of positive feedback; preface teaching points w/ positive feedback
We encourage you to send your team a brief email message each week
Email e.g.: "Hey, great game..." (include any player loaned to you that week)

Weekly format: Follow the format given in the practice plan

Plays (flag football): Keep huddle time brief; use whiteboard if helpful
Use a couple plays with multiple options (see "plays" handout for ideas)

Devotional: Join players for devotional (stand behind); help them remain attentive/respectful

Discipline/sportsmanship issues: Steps to follow; only proceed to next step if issue continues
Step 1 - Give instructional warning
Step 2 - Give player a time out & require apology if needed
Step 3 - Communicate with the parents
Step 4 - Inform the Club Director